Workplace Q2 Topline Remote Work Trends

May 7-16, 2025

These results for the quarterly Gallup workforce studies (noted as “WF QX” in footnotes) are based on self-administered web surveys conducted with a random sample of adults working full time and part time for organizations in the United States, aged 18 and older, who are members of the Gallup Panel. Gallup uses probability-based, random sampling methods to recruit its Panel members.

Gallup weighted the obtained samples to correct for nonresponse. Nonresponse adjustments were made by adjusting the sample to match the national demographics of gender, age, race, Hispanic ethnicity, education and region. Demographic weighting targets were based on the most recent Current Population Survey figures for the aged 18 and older U.S. population.

For results based on the sample of employed U.S. adults, the margin of sampling error at the 95% confidence level varies for different topics and time frames. For items asked of the full sample, the margin of sampling error is ±1.1 percentage points at the 95% confidence level. For reported subgroups, the margin of sampling error will be larger, ranging from ±2 to ±7 percentage points. Details for the recent quarterly surveys are noted below. In addition to sampling error, question wording and practical difficulties in conducting surveys can introduce error or bias into the findings of public opinion polls.

17,660 adults who are aged 18 and older, working full time or part time for organizations in the U.S.

U.S. Workers MOE: ±1.1 percentage points at the 95% confidence level.

U.S. Workers Who Are AI Users MOE: ±2 percentage points at the 95% confidence level.

U.S. Workers Who Are NOT AI Users MOE: ±2 percentage points at the 95% confidence.

U.S. Workers Whose Organizations Have Integrated AI MOE: ±3 percentage points at the 95% confidence level.

Copyright © 2025 Gallup, Inc. All rights reserved.

		All data collected May 7-May 16, 2025 (Q2, 2025)					
		U.S. Employees		Non-AI Users		AI Users	
		Unweighted n	Weighted %	Unweighted n	Weighted %	Unweighted n	Weighted %
Which of the following is the greatest barrier to adopting or incorporating artificial intelligence (AI) technology or tools in your organization? - Selected Choice	Lack of materials, resources, or tools	213	2.7%	88	2.3%	118	3.1%
	Lack of training or the right knowledge/skills	1140	10.7%	444	7.7%	643	14.7%
	Legal, compliance, or privacy concerns	1559	14.9%	738	13.4%	770	18.0%
	Resistance among employees	420	4.3%	159	3.3%	243	5.5%
	Unclear use case or value proposition	1658	16.2%	965	18.3%	632	14.2%
	Cost of investment	510	5.7%	252	5.7%	244	5.9%
	Lack of access to high-quality or usable data	240	2.6%	77	1.5%	159	4.4%
	Lack of leadership alignment or strategic direction	459	4.8%	155	3.2%	294	7.4%
	Limited organizational capacity for change	418	4.4%	170	3.2%	240	6.2%
	None of the above (No barriers)	1951	25.4%	1188	29.5%	613	17.0%
	Other (please specify):	797	8.3%	582	11.9%	177	3.5%
	Total	**9365**	**100%**	**4818**	**100%**	**4133**	**100%**
	Adjusted MOE	**±2 points**		**±2 points**		**±2 points**	

Copyright © 2025 Gallup, Inc. All rights reserved.

		Non AI-Users	
		Unweighted n	Weighted %
What is the main reason you do not use artificial intelligence (AI) technology or tools in your role	I do not have access to AI tools at my organization	78	16.4%
	I have access but don't know how to use them	55	9.9%
	I have access but don't feel safe using them	54	8.4%
	I do not want to change the way I do my job	52	11.1%
	I don't believe AI can assist with the work I do	186	43.8%
	Something else (please specify):	57	10.5%
	Total	**482**	**100%**
	Adjusted MOE	**±7 points**	

Copyright © 2025 Gallup, Inc. All rights reserved.

		To the best of your knowledge, has your organization begun integrating artificial intelligence (AI) technology or tools to improve organizational practices (e.g., to increase productivity, efficiency, and quality)?	
		Yes	
		Unweighted n	Weighted %
My manager actively supports my team's use of artificial intelligence (AI).	1 Strongly disagree	252	8.6%
	2	314	9.6%
	3	900	28.0%
	4	802	25.3%
	5 Strongly agree	867	28.5%
	Total	**3135**	**100%**
	Adjusted MOE	**±3 points**	

Copyright © 2025 Gallup, Inc. All rights reserved.

		To the best of your knowledge, has your organization begun integrating artificial intelligence (AI) technology or tools to improve organizational practices (e.g., to increase productivity, efficiency, and quality)?			
		Yes			
		My manager actively supports my team's use of artificial intelligence (AI).			
		1-4 (Does not strongly agree)		**5 (Strongly agrees)**	
		Unweighted n	Weighted %	Unweighted n	Weighted %
Artificial intelligence (AI) gives me more opportunities to do what I do best every day.	1-4 Does not strongly agree	1962	95.3%	520	58.5%
	5 Strongly agree	97	4.7%	305	41.5%
	Total	**2059**	**100%**	**825**	**100%**
	Adjusted MOE	**±3 points**		**±5 points**	
How often do you use artificial intelligence in your role?	Daily	275	11.9%	323	40.9%
	A few times a week	535	22.7%	281	30.8%
	A few times a month	535	25.1%	134	14.5%
	A few times a year	317	14.7%	58	6.7%
	Once a year	43	2.8%	5	0.7%
	Less often than once a year	140	6.0%	21	2.0%
	Never	369	16.8%	41	4.3%
	Total	**2214**	**100%**	**863**	**100%**
	Adjusted MOE	**±3 points**		**±5 points**	
The artificial intelligence (AI) technology or tools provided by my organization are useful for my work.	1 Strongly disagree	91	7.0%	18	2.6%
	2	200	13.1%	39	4.8%
	3	613	41.7%	158	21.1%
	4	462	31.6%	226	28.8%
	5 Strongly agree	101	6.6%	299	42.7%
	Total	**1467**	**100%**	**740**	**100%**
	Adjusted MOE	**±4 points**		**±5 points**	

Copyright © 2025 Gallup, Inc. All rights reserved.